Signs of a Timid Cat

Rescue cats are often found in a variety of situations and stress-filled environments. Some of them need time to learn to trust humans again, and other cats are just naturally shy. While these cats need a little more time, patience, and understanding, helping them become more confident can be a tremendously rewarding experience.

Factors that may cause a cat to be timid

- Lack of socialization as a kitten
- Being the target of abuse
- Stressful living conditions
- Unfamiliar environments
- Excessive, ongoing noise

Signs that a cat is timid or scared

- Dilated pupils and fixed, unblinking stare
- Tail down and low, slinking walk
- Flattened ears
- Fear aggression — growling, hissing, spitting, swatting
- Hunching down in one place
- Hiding in dark corner or in a litter box

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